

Frequently Asked Questions

1. What are the fees and eligibility criteria to attend the shivir?

Please see below contribution and eligibility criteria for each of the 5 shivirs:

	Date	Shivir	Contribution Fees	Eligibility Criteria
1	09th - 11th May 3 days	Shiv Yog Cosmic Healing Through Activation of 3rd Eye	Main Contribution : £285 + 20% VAT + 3% Portal Gateway Charges Front Seats : £450 + 20% VAT + 3% Portal Gateway Charges	Open to everyone
2	13th - 19th May 7 days	Shambhavi IV - Activation of 3rd Eye & Clairvoyance	Main Contribution : £525 + 20% VAT + 3% Portal Gateway Charges Front Seats : £675 + 20% VAT + 3% Portal Gateway Charges	<u>MUST</u> have attended either: -Shambhavi 1, 2 & 3 OR -Shiv Yog cosmic healing through activation of 3rd eye with Babaji OR -Registered to attend Shiv Yog cosmic healing through activation of 3rd eye with Babaji
3	21st - 27th May 7 days	Art Of Dying & Art Of Self Realisation	Main Contribution : £525 + 20% VAT + 3% Portal Gateway Charges Front Seats : £675 + 20% VAT + 3% Portal Gateway Charges	Open to everyone
4	29th May - 2nd June 5 days	Shiv Yog Shree Vidhya Kundalini Sadhna & Deep Healing (Forum members only)	Main Contribution : £300 + 20% VAT + 3% Portal Gateway Charges Front Seats : £435 +	Registered Forum Members ONLY

			20% VAT + 3% Portal Gateway Charges	
5	3rd June 1 day	Shiv Yog Advait Shree Vidya Kundalini Sadhna & Deep Healing (Forum Board Members Only)	Shivir Commitment: £50 + 20% VAT + 3% Portal Gateway Charges	Current & Former Forum Board Members <u>ONLY</u> MUST attend Shiv Yog Kundalini Sadhna & Deep Healing Note: This is not a standalone course. It is part of the 7 day course to be attended in conjunction with Shiv Yog Shree Vidhya Kundalini Sadhna & Deep Healing.

2. Can I meet with Babaji in person?

Babaji does not meet anyone in person.

3. What is a shivir?

Shivir is a sanskrit word that literally means camp. In this context, a shivir is a non-residential retreat comprising of discourses on Shiv Yog practices, instruction on meditation and actual meditation sessions. The days typically are split into three two-hour sessions. Light vegetarian lunch is provided.

4. Who is the shivir organised and facilitated by?

Body Mind & Soul (London) Limited

5. What language will the shivir be conducted in?

Shivirs are conducted mostly in English. However, some parts may be explained in Hindi. Translation services are not provided.

6. What will be the timetable of the day?

Generally, there are 3 sessions per day. Each session is 2 hours long. However, this is subject to change and will be determined by Babaji.

7. What is the minimum age for registering for the shivir?

Shivir is open to everyone 12 years and over. Teenage Children (between 12 and 18) may attend the event under the supervision and complete responsibility of a registered adult.

Children are expected to maintain discipline during the event and if their behavior is deemed to be disruptive or inappropriate by venue volunteers or staff, both the child and the supervising adult will be requested to vacate the venue.

8. What kind of food will be served?

Light, vegetarian food.

If I have special dietary requirement due to medical reasons, who do I inform?

We are unable to cater for special dietary requirements. Light, vegetarian food will be served for all attendees. The food may contain traces of dairy, nuts and other allergens. Sadhaks with food allergies and special dietary requirements are strongly advised to bring their own food.

9. How do I register for the shivir?

Please visit www.shivyogglobalevents.com and click on “Register Online”. This will direct you to an online registration form with all the instructions.

Unique SHIVYOG ID (SYID) is required for all individuals registering for event. You may obtain a SYID free of cost by registering on the ShivYog Portal (www.shivyogportal.com). The SYID is required to attend all ShivYog Events.

In case I am unable to attend the shivir, can someone else attend instead of me?

Shivir attendance may be transferred to another person BEFORE the start of the shivir. In case you need to do this, please contact shivyoglondon@gmail.com in advance. Once the shivir has started, attendance is NOT transferable.

10. How should I dress for the shivir?

Loose and comfortable clothing is recommended. We also advise warm layers, as the temperature can fluctuate through the day.

11. What are the contact numbers if I have any additional queries?

Please ensure you read the entire FAQ section. If after reading this, you still have further queries, feel free to contact one of the following numbers:

+44 (0) 7835 846201, +44 (0) 7766 077713, +44 (0) 7757 530884,
+44 (0) 7960 605175, +44 (0) 7758 057972 (WhatsApp only)