***AVS MINDFULNESS WORKSHOP—HOTELS***

*Hennessy Park Hotel*

*65 Cybercity, Ebene*

<http://www.hennessyhotel.com/>

+230 403 7200

Located in the heart of bustling Ebène City, Hennessey Park Hotel is a modern and well-appointed 4-star business hotel with an artistic touch.

Walking distance to venue

*Labourdonnais Waterfront Hotel*

*Le Caudan Waterfront, BP 91, Port Louis*

[www.labourdonnais.com](http://www.labourdonnais.com)

[info@indigohotels.com](mailto:info@indigohotels.com)

+230202 4000

The Labourdonnais Waterfront Hotel is the premier 5-star business hotel in Mauritius located on the waterfront with lovely views of Port Louis and the harbor.

15-minute drive from Ebène

*Le Suffren Hotel & Marina*

*Le Caudan, Port Louis*

www.lesuffrenhotel.com

[info@indigohotels.com](mailto:info@indigohotels.com)

+230 202 4900

Le Suffren Hotel & Marina offers guests a sparkling and dynamic 4-star hotel in the capital city of Mauritius.

15-minute drive from Ebène

*Gold Crest Hotel*

*St. Jean Road, Quatre Bornes*

[www.goldgroupofhotels.com/gold-crest-hotel/](http://www.goldgroupofhotels.com/gold-crest-hotel/)

+230 454 5945

Situated on the main road of Quatre Bornes, the Hotel has 50 rooms (Standard, Superior and Suite). It has its own restaurant with a wide variety of dishes such as Mauritian dishes, European and Indian.

10-minute drive from venue

*Gold Nest Hotel  
St. Jean Road, Quatres Bornes*

[www.goldgroupofhotels.com/gold-nest-hotel/](http://www.goldgroupofhotels.com/gold-nest-hotel/)

Situated on the main road of Quatre Bornes, the hotel is close to shopping, entertainment and business centers. The Hotel has 33 rooms, 30 standard rooms and 3 suites. The restaurant seats 80 people and has a good reputation for tasty Indian and Chinese cuisine.

10-minute drive from venue

*Palms Hotel*

*66 St Jean Road, Quatre Bornes*

[**www.palmshotelmauritius.com**](http://www.palmshotelmauritius.com)

www.facebook.com/palmshotelmauritius/about/

[info@palmshotelmauritius.com](mailto:info@palmshotelmauritius.com)

+230 465 7575

The hotel offers 57 rooms and the only roof top where you can have business meeting with a 360-degree view over the island.

10-minute drive from venue

*VOILA BAGATELLE*

*Bagatelle Mall, Reduit*

<http://www.voilahotel.mu>

Email: [hello@voilahotel.mu](mailto:hello@voilahotel.mu)

+230 406 8000el: +230 406 8000 Email: [hello@voilahotel.mu](mailto:hello@voilahotel.mu)

Conveniently located next to the Bagatelle Mall, this no-frills hotel caters to those who want all the basics done exactly right – like a good night’s sleep on a great bed, a refreshing shower, instant & fast connectivity and a good breakfast to start the day!

10-minute drive from venue